Free Norwegian language training

Your residence permit in Norway may entitle you to free Norwegian language training.

Contact the adult education centre in the municipality where you are registered as living to apply for Norwegian language training.

You can receive Norwegian language training even if you choose not to participate in the introduction programme.

The municipality and IMDi must have entered into a settlement agreement before you can start Norwegian language training.

You can receive Norwegian language training for a period of one year from when you start.

You and the municipality must draw up a plan for your Norwegian language training stating what level you will aim to achieve

through the training.

The municipality must offer you a free Norwegian test. The Norwegian test is not obligatory, but can be useful as documentation of your proficiency in Norwegian.

Practical information

If you have any questions or need more information about deadlines and your rights, please contact the adult education centre in your municipality. There is also more information at www.imdi.no and www.udi.no