Information about compulsory participation in the Norwegian Language and Civic Life for Adult Immigrants Programme

You may be obliged to participate in the Norwegian Language and Civic Life for Adult Immigrants Programme

In order to be granted a permanent residence permit or Norwegian citizenship, you may, among other things, be obliged to complete 300 hours of compulsory participation in:

- Norwegian language training (250 hours), and
- Civic Life (50 hours).

You are required to pay for this programme yourself.

You can apply for exemption from the compulsory programme if:

- You can document adequate knowledge of the Norwegian language or Sami language, or
- You can show that you are unable to follow the programme for health reasons or for other weighty reasons.

Practical information

In order to apply for the programme, or if you wish to apply for exemption, you must contact the Adult Education Service (“Voksenopplæringen”) in the municipality where you are registered in the Population Register. Please contact the Adult Education Service if you have any questions or need information about application deadlines or if you have any questions about your rights and obligations.

You can also find information online at [www.imdi.no](http://www.imdi.no) and [www.udi.no](http://www.udi.no)